

January 2019 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			3 BBQ Rib Sandwich Tater Barrels Celery Broccoli Pears Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	4 Ham Wrap w/Cheese Sweet Pot Barrels Green Beans Fruit Side Salad (7 th -12 th) Juice (7 th -12 th) Milk
7 Hot Dog on Bun R/F Doritos Pork n Beans Celery Fruit Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	8 Kaye's Award Winning Pasta Bake w/Cheese Garlic Stix Broccoli Applesauce Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	9 Country Fried Steak w/Gravy WG Roll Jenny's Homemade Mashed Pot Peas Peach Cobbler Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	10 Stuffed Crust Pepperoni Pizza Peaches Peas WG Choc Chip Cookie Side Salad (7-12) Veggie Juice Milk	11 Jane's Family Favorite Turkey and Noodles WG Roll Broccoli Fruit Side Salad (7 th -12 th) Juice (7 th -12 th) Milk
14 Sloppy Joes Broccoli Peaches Tater Barrels Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	15 Chicken Nuggets Jenny's Homemade Mashed Potatoes Green Beans Mandarin Oranges Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	16 Bosco Sticks W/Marinara Pears Carrots Granola Bar Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	17 Chicken Fajita Wraps Salsa Corn Refried Beans Applesauce Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	18 Gelena's Famous Fish Sticks Potato Barrels Carrots Cheese slice, pickle, onion Fruit Side Salad (7 th -12 th) Juice (7 th -12 th) Milk
21 Spaghetti w/Meatballs Garlic Stix Mandarin Oranges Granola Bar Salad Juice (7 th -12 th) Milk	22 Cheeseburger Potato Barrels Pork and beans Carrots Apple Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	23 PB&J Uncrustable R/F Doritos Pineapple Green beans Celery Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	24 Breaded Chicken Sandwich Sliced Tomatoes, lettuce Corn Applesauce Side Salad (7th-12th) Juice (7 th -12 th) Milk	25 Stuffed Crust Pepperoni Pizza Broccoli Grape Tomatoes Fruit Side Salad (7 th -12 th) Juice (7 th -12 th) Milk
28 Corn Dog Tater Barrels Carrots Mandarin Oranges Side Salad (7-12) Juice(7-12) Milk	29 Salisbury Steak w/Gravy WG Roll Mashed Potatoes Green Beans Apple Choc Chip Muffin Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	30 Ginger's Concession Stand Taco in a Bag Refried Beans Cheese, Lettuce, Salsa Pineapple Juice (7 th -12 th) Milk	31 BBQ Rib Sandwich Tater Barrels Celery Broccoli Pears Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	*Choice of low fat white or fat-free chocolate served daily.

Offer Vs. Serve Students must take at least ½ cup fruit or vegetable and two additional components of their choice to make a complete tray. Students may decline any other component. The 5 Components are: Milk, Grain, Meat/Meat Alternate, Fruits, and Vegetables. Daily choices of low-fat white or fat-free chocolate milk.

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY. USDA is an equal opportunity provider and employer.

2017-2018 DUCS Lunch Costs:

Student Tray = Free

Additional Entrée Item = \$2.35

Side Salad Purchase (7-12 grade only) \$1.50

Additional Tray Side = \$0.75

Additional Milk or Juice = \$0.60

Teacher/Staff/Adult Tray = \$3.50

Extra Salad Dressing Packet= \$1.00