

# January 2019 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			3 Cereal Bowl Choc Chip Muffin Fruit Juice <b>Milk</b>	4 Sausage Patty on Biscuit Cereal Bowl Fruit Juice <b>Milk</b>
7 Pancake on a Stick Cereal Bowl Fruit Juice <b>Milk</b>	8 WG Pop Tart Cereal Bowl Fruit Juice <b>Milk</b>	9 Biscuit Cereal Bowl Fruit Juice <b>Milk</b>	10 Cereal Bowl Choc Chip Muffin Fruit Juice <b>Milk</b>	11 Sausage Patty on Biscuit Cereal Bowl Fruit Juice <b>Milk</b>
14 Pancake on a Stick Cereal Bowl Fruit Juice <b>Milk</b>	15 WG Pop Tart Cereal Bowl Fruit Juice <b>Milk</b>	16 Biscuit Cereal Bowl Fruit Juice <b>Milk</b>	17 Cereal Bowl Choc Chip Muffin Fruit Juice <b>Milk</b>	18 Sausage Patty on Biscuit Cereal Bowl Fruit Juice <b>Milk</b>
21 Pancake on a Stick Cereal Bowl Fruit Juice <b>Milk</b>	22 WG Pop Tart Cereal Bowl Fruit Juice <b>Milk</b>	23 Biscuit Cereal Bowl Fruit Juice <b>Milk</b>	24 Cereal Bowl Choc Chip Muffin Fruit Juice <b>Milk</b>	25 Sausage Patty on Biscuit Cereal Bowl Fruit Juice <b>Milk</b>
28 Pancake on a Stick Cereal Bowl Fruit Juice <b>Milk</b>	29 WG Pop Tart Cereal Bowl Fruit Juice <b>Milk</b>	30 Biscuit Cereal Bowl Fruit Juice <b>Milk</b>	31 Cereal Bowl Choc Chip Muffin fruit Juice <b>Milk</b>	<b>*Choice of low fat white or fat-free chocolate served daily.</b>

Offer Vs. Serve Students must take at least ½ cup fruit or vegetable and two additional components of their choice to make a complete tray. Students may decline any other component. The 5 Components are: Milk, Grain, Meat/Meat Alternate, Fruits, and Vegetables. Daily choices of low-fat white or fat-free chocolate milk.

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY. USDA is an equal opportunity provider and employer.

**2018-2019 DUCS Breakfast Costs:**

Student Tray = Free

Additional Entrée Item = \$1.50

Additional Tray Side = \$0.75

Additional Milk or Juice = \$0.60

Teacher/Staff/Adult Tray = Lunch \$3.50/Breakfast  
\$2.00