

October Breakfast Menu 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 Breakfast Burrito Cereal Bowl Fruit Juice Milk	2 WG Pop Tart Cereal Bowl Fruit Juice Milk	3 Bagel Cereal Bowl Fruit Juice Milk	4 Cereal Bowl Choc Chip Muffin Fruit Juice Milk	5 Sausage Breakfast Pizza Cereal Bowl Fruit Juice Milk
8 Pancake on a Stick Cereal Bowl Fruit Juice Milk	9 WG Pop Tart Cereal Bowl Fruit Juice Milk	10 Biscuit Cereal Bowl Fruit Juice Milk	11 Cereal Bowl Choc Chip Muffin Fruit Juice Milk	12 Sausage Patty on Biscuit Cereal Bowl Fruit Juice Milk
15 Breakfast Burrito Cereal Bowl Fruit Juice Milk	16 WG Pop Tart Cereal Bowl Fruit Juice Milk	17 Bagel Cereal Bowl Fruit Juice Milk	18 Cereal Bowl Choc Chip Muffin Fruit Juice Milk	19 Sausage Breakfast Pizza Cereal Bowl Fruit Juice Milk
22 Pancake on a Stick Cereal Bowl Fruit Juice Milk	23 WG Pop Tart Cereal Bowl Fruit Juice Milk	24 Biscuit Cereal Bowl Fruit Juice Milk	25 Cereal Bowl Choc Chip Muffin Fruit Juice Milk	26 Sausage Patty on Biscuit Cereal Bowl Fruit Juice Milk
29 Breakfast Burrito Cereal Bowl Fruit Juice Milk	30 WG Pop Tart Cereal Bowl Fruit Juice Milk	31 Bagel Cereal Bowl Fruit Juice Milk		*Choice of low fat white or fat-free chocolate served daily.

Offer Vs. Serve Students must take at least ½ cup fruit or vegetable and two additional components of their choice to make a complete tray. Students may decline any other component. The 5 Components are: Milk, Grain, Meat/Meat Alternate, Fruits, and Vegetables. Daily choices of low-fat white or fat-free chocolate milk.

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY. USDA is an equal opportunity provider and employer.

2018-2019 DUCS Breakfast Costs:

Student Tray = Free

Additional Entrée Item = \$1.50

Additional Tray Side = \$0.75

Additional Milk or Juice = \$0.60

Teacher/Staff/Adult Tray = Lunch \$3.50/Breakfast
\$2.00