

September 2018 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>NO SCHOOL- Labor Day</p>	<p>4</p> <p>Salisbury Steak w/Gravy Mashed Potatoes Green Beans Apple Choc Chip Muffin Side Salad (7th-12th) Juice (7th-12th) Milk</p>	<p>5</p> <p>Taco in a Bag Refried Beans Cheese, Lettuce, Salsa Pineapple Juice (7th-12th) Milk</p>	<p>6</p> <p>BBQ Rib Sandwich Tater Barrels Celery Broccoli Pears Side Salad (7th-12th) Juice (7th-12th) Milk</p>	<p>7</p> <p>Ham Wrap w/Cheese Sweet Pot Barrels Green Beans Fruit Side Salad (7th-12th) Juice (7th-12th) Milk</p>
<p>10</p> <p>Hot Dog on Bun R/F Doritos Pork n Beans Celery Fruit Side Salad (7th-12th) Juice (7th-12th) Milk</p>	<p>11</p> <p>Pasta Bake w/Cheese Garlic Stix Broccoli Applesauce Side Salad (7th-12th) Juice (7th-12th) Milk</p>	<p>12</p> <p>Country Fried Steak w/Gravy Mashed Pot Peas Peach Cobbler Side Salad (7th-12th) Juice (7th-12th) Milk</p>	<p>13</p> <p>Sausage Breakfast Pizza Peaches Grape Tomatoes WG Choc Chip Cookie Side Salad (7-12) Veggie Juice Milk</p>	<p>14</p> <p>Turkey and Noodles WG Roll Broccoli Fruit Side Salad (7th-12th) Juice (7th-12th) Milk</p>
<p>17</p> <p>Sloppy Joes Broccoli Peaches Tater Barrels Side Salad (7th-12th) Juice (7th-12th) Milk</p>	<p>18</p> <p>Chicken Nuggets Mashed Potatoes Green Beans Mandarin Oranges Side Salad (7th-12th) Juice (7th-12th) Milk</p>	<p>19</p> <p>Bosco Sticks W/Marinara Pears Carrots Granola Bar Side Salad (7th-12th) Juice (7th-12th) Milk</p>	<p>20</p> <p>Chicken Fajita Wraps Salsa Corn Refried Beans Applesauce Side Salad (7th-12th) Juice (7th-12th) Milk</p>	<p>21</p> <p>Cod Fish Sandwich Potato Barrels Carrots Cheese slice, pickle, onion Fruit Side Salad (7th-12th) Juice (7th-12th) Milk</p>
<p>24</p> <p>Spaghetti w/Meatballs Garlic Stix Mandarin Oranges Granola Bar Salad Juice (7th-12th) Milk</p>	<p>25</p> <p>Cheeseburger Potato Barrels Pork and beans Carrots Apple Side Salad (7th-12th) Juice (7th-12th) Milk</p>	<p>26</p> <p>PB&J Uncrustable Pineapple Green beans Celery Side Salad (7th-12th) Juice (7th-12th) Milk</p>	<p>27</p> <p>BBQ Chicken Sandwich Pickle, Onion Corn Applesauce Side Salad (7th-12th) Juice (7th-12th) Milk</p>	<p>28</p> <p>Stuffed Crust Pepperoni Pizza Broccoli Grape Tomatoes Fruit Side Salad (7th-12th) Juice (7th-12th) Milk</p>
				<p>*Choice of low fat white or fat-free chocolate served daily.</p>

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY. USDA is an equal opportunity provider and employer.

Offer Vs. Serve Students must take at least ½ cup fruit or vegetable and two additional components of their choice to make a complete tray. Students may decline any other component. The 5 Components are: Milk, Grain, Meat/Meat Alternate, Fruits, and Vegetables. Daily choices of low-fat white or fat-free chocolate milk.

2017-2018 DUCS Lunch Costs:

Student Tray = Free

Additional Entrée Item = \$2.35

Side Salad Purchase (7-12 grade only) \$1.50

Additional Tray Side = \$0.75

Additional Milk or Juice = \$0.60

Teacher/Staff/Adult Tray = \$3.50

Extra Salad Dressing Packet= \$1.00