

# September 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p style="text-align: center;"><b>Labor Day No School</b></p>	<p>5</p> <p>Salisbury Steak Mashed Potatoes Green Beans Apple Granola Bar Side Salad (7<sup>th</sup>-12<sup>th</sup>) Juice (7<sup>th</sup>-12<sup>th</sup>) <b>Milk</b></p>	<p>6</p> <p>Nacho Supreme Refried Beans Cheese, Lettuce, Salsa Pineapple Juice (7<sup>th</sup>-12<sup>th</sup>) <b>Milk</b></p>	<p>7</p> <p>BBQ Rib Sandwich Tater Barrels Cauliflower Broccoli Pears Side Salad (7<sup>th</sup>-12<sup>th</sup>) Juice (7<sup>th</sup>-12<sup>th</sup>) <b>Milk</b></p>	<p>8</p> <p>Chicken Tenders Mac n Cheese Green Beans Fruit Side Salad (7<sup>th</sup>-12<sup>th</sup>) Juice (7<sup>th</sup>-12<sup>th</sup>) <b>Milk</b></p>
<p>11</p> <p>Hot Dog on Bun Baked Lays Chips Pork n Beans Cauliflower Banana Side Salad (7<sup>th</sup>-12<sup>th</sup>) Juice (7<sup>th</sup>-12<sup>th</sup>) <b>Milk</b></p>	<p>12</p> <p>Penne Pasta w Sauce Roll Broccoli Applesauce Cheese Stick Side Salad (7<sup>th</sup>-12<sup>th</sup>) Juice (7<sup>th</sup>-12<sup>th</sup>) <b>Milk</b></p>	<p>13</p> <p>Country Fried Steak Sandwich Mashed Pot Peas Pears Side Salad (7<sup>th</sup>-12<sup>th</sup>) Juice (7<sup>th</sup>-12<sup>th</sup>) <b>Milk</b></p>	<p>14</p> <p>Cheeseburger Mac Peaches Grape Tomatoes Granola Bar Side Salad (7-12) Juice (7-12) Milk</p>	<p>15</p> <p>Turkey Sandwich R/F Doritos Broccoli Fruit Side Salad (7<sup>th</sup>-12<sup>th</sup>) Juice (7<sup>th</sup>-12<sup>th</sup>) <b>Milk</b></p>
<p>18</p> <p>Sloppy Joes Broccoli Peaches Tater Barrels Side Salad (7<sup>th</sup>-12<sup>th</sup>) Juice (7<sup>th</sup>-12<sup>th</sup>) <b>Milk</b></p>	<p>19</p> <p>Chicken Nuggets Mashed Potatoes Green Beans Mandarin Oranges Side Salad (7<sup>th</sup>-12<sup>th</sup>) Juice (7<sup>th</sup>-12<sup>th</sup>) <b>Milk</b></p>	<p>20</p> <p>Bosco Sticks W/Marinara Pears Carrot Sticks Granola Bar Side Salad (7<sup>th</sup>-12<sup>th</sup>) Juice (7<sup>th</sup>-12<sup>th</sup>) <b>Milk</b></p>	<p>21</p> <p>Taco Wraps W/Salsa Corn Refried Beans Applesauce Side Salad (7<sup>th</sup>-12<sup>th</sup>) Juice (7<sup>th</sup>-12<sup>th</sup>) <b>Milk</b></p>	<p>22</p> <p>Cod Fish Sandwich Sweet Potato Barrels Grape Tomatoes Fruit Side Salad (7<sup>th</sup>-12<sup>th</sup>) Juice (7<sup>th</sup>-12<sup>th</sup>) <b>Milk</b></p>
<p>25</p> <p>Meatball Sub Cheese Stick Green Beans Mandarin Oranges Granola Bar Side Salad (7<sup>th</sup>-12<sup>th</sup>) Juice (7<sup>th</sup>-12<sup>th</sup>) <b>Milk</b></p>	<p>26</p> <p>Cheeseburger Potato Barrels Carrot Sticks Apple Side Salad (7<sup>th</sup>-12<sup>th</sup>) Juice (7<sup>th</sup>-12<sup>th</sup>) <b>Milk</b></p>	<p>27</p> <p>Breaded Chicken Sandwich Sliced Tomatoes Cauliflower Applesauce Cheese Side Salad (7<sup>th</sup>-12<sup>th</sup>) Juice (7<sup>th</sup>-12<sup>th</sup>) <b>Milk</b></p>	<p>28</p> <p>PB&amp;J Uncrustable Pineapple Pork &amp; Beans Corn Side Salad (7<sup>th</sup>-12<sup>th</sup>) Juice (7<sup>th</sup>-12<sup>th</sup>) <b>Milk</b></p>	<p>29</p> <p>Stuffed Crust Cheese Pizza Broccoli Grape Tomatoes Fruit Side Salad (7<sup>th</sup>-12<sup>th</sup>) Juice (7<sup>th</sup>-12<sup>th</sup>) <b>Milk</b></p>
				<p><b>*Choice of low fat white or fat-free chocolate served daily.</b></p>

Offer Vs. Serve Students must take at least ½ cup fruit or vegetable and two additional components of their choice to make a complete tray. Students may decline any other component. The 5 Components are: Milk, Grain, Meat/Meat Alternate, Fruits, and Vegetables. Daily choices of low-fat white or fat-free chocolate milk.

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY. USDA is an equal opportunity provider and employer.

**2017-2018 DUCS Lunch Costs:**

Student Tray = \$2.85

Reduced Tray = \$.40

Additional Entrée Item = \$2.35

Side Salad Purchase (7-12 grade only) \$1.50

Additional Tray Side = \$0.75

Additional Milk or Juice = \$0.60

Teacher/Staff/Adult Tray = \$3.50

Extra Salad Dressing Packet= \$1.00