

October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Salisbury Steak Mashed Potatoes Green Beans Apple Granola Bar Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	4 Nacho Supreme Refried Beans Cheese, Lettuce, Salsa Pineapple Juice (7 th -12 th) Milk	5 BBQ Rib Sandwich Tater Barrels Celery Broccoli Pears Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	6 Chicken Tenders Mac n Cheese Green Beans Fruit Side Salad (7 th -12 th) Juice (7 th -12 th) Milk
9 Hot Dog on Bun Baked Lays Chips Pork n Beans Celery Banana Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	10 Penne Pasta w Sauce Roll Broccoli Applesauce Cheese Stick Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	11 Country Fried Steak Sandwich Mashed Pot Peas Pears Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	12 Cheeseburger Mac Peaches Grape Tomatoes Granola Bar Side Salad (7-12) Juice (7-12) Milk	13 Turkey Sandwich R/F Doritos Broccoli Fruit Side Salad (7 th -12 th) Juice (7 th -12 th) Milk
16 Sloppy Joes Broccoli Peaches Tater Barrels Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	17 Chicken Nuggets Mashed Potatoes Green Beans Mandarin Oranges Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	18 Bosco Sticks W/Marinara Pears Carrot Sticks Granola Bar Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	19 Taco Wraps W/Salsa Corn Refried Beans Applesauce Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	20 Cod Fish Sandwich Sweet Potato Barrels Grape Tomatoes Fruit Side Salad (7 th -12 th) Juice (7 th -12 th) Milk
21 Meatball Sub Cheese Stick Green Beans Mandarin Oranges Granola Bar Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	22 Cheeseburger Potato Barrels Carrot Sticks Apple Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	23 Breaded Chicken Sandwich Sliced Tomatoes Celery Applesauce Cheese Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	24 PB&J Uncrustable Pineapple Pork & Beans Corn Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	25 Stuffed Crust Cheese Pizza Broccoli Grape Tomatoes Fruit Side Salad (7 th -12 th) Juice (7 th -12 th) Milk
26 Corn Dog Tater Barrels Broccoli Mandarin Oranges Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	27 Salisbury Steak Mashed Potatoes Green Beans Apple Granola Bar Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	28 Nacho Supreme Refried Beans Cheese, Lettuce, Salsa Pineapple Juice (7 th -12 th) Milk	29 BBQ Rib Sandwich Tater Barrels Celery Broccoli Pears Side Salad (7 th -12 th) Juice (7 th -12 th) Milk	*Choice of low fat white or fat-free chocolate served daily.

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY. USDA is an equal opportunity provider and employer.

Offer vs. Serve Students must take at least ½ cup fruit or vegetable and two additional components of their choice to make a complete tray. Students may decline any other component. The 5 Components are: Milk, Grain, Meat/Meat Alternate, Fruits, and Vegetables. Daily choices of low-fat white or fat-free chocolate milk.

2017-2018 DUCS Lunch Costs:

Student Tray = \$2.85

Reduced Tray = \$.40

Additional Entrée Item = \$2.35

Side Salad Purchase (7-12 grade only) \$1.50

Additional Tray Side = \$0.75

Additional Milk or Juice = \$0.60

Teacher/Staff/Adult Tray = \$3.50

Extra Salad Dressing Packet= \$1.00